

SANTA PAULA UNIFIED SCHOOL DISTRICT

CLASS TITLE: ATHLETIC TRAINER

BASIC FUNCTION:

Under the direction of the High School Principal, or designee, administers preventative and rehabilitative treatment to students and athletes engaged in various sports and activities with specific instruction from coaching staff, team physician, and/or consulting physicians; assists in the development and implementation of programs for the prevention of injuries to student athletes, and performs related work as required.

REPRESENTATIVE DUTIES:

ESSENTIAL DUTIES:

Plans and implements comprehensive athletic injury and illness prevention programs.

Develops training programs and routines designed to improve athletic performance.

Supervise and train student Athletic Trainer interns.

Keeps current with research on subject matter related to athletic training or sports medicine.

Advises athletes and coaching staff on matters related to conditioning, rehabilitation, training, diet, rest, environmental conditions and related matters, per physicians orders.

Instructs coaches, athletes, medical personnel, community members, and parents in the care, prevention and treatment of athletic injuries.

Advises student athletes on the proper use of equipment.

Coordinates and tracks student training room hours and schedules.

Travels with athletic teams as assigned and attends games and training sessions in order to be available to athletes as needed.

Conducts an initial assessment of an athlete's illness or injury in order to provide emergency or continued care.

Provides referrals to physicians, health services, hospitals and other health professionals as necessary.

Schedules and assists with the administration of pre-participation physical examinations for student athletes.

Provides basic First Aid treatment to control bleeding, perform CPR, and provide basic splinting for fracture/dislocation immobilization to injured student athletes.

September, 2017

Board Approved: 10/11/17

Personnel Commission Approved: 10/12/17

Prepares and maintains a variety of records, reports, and correspondence including injury and accident reports, and rehabilitation logs.

Provides participation clearances when necessary and warranted.

Recommends special diets in order to improve athletes' health.

Inventories and orders training room supplies and equipment.

Confer with the Athletic Department on selection of protective equipment for athletics.

Supports the Athletic Department to maintain and monitor the yearly physical and consent forms as established by the CIF and the Santa Paula Unified School District Board of Trustees.

Under the supervision of a certificated employee, may support classroom instruction by providing lessons and presentations.

Must be willing to work a flexible schedule to accommodate evening, weekend, and holiday athletic activities, when necessary.

OTHER DUTIES:

Perform related duties as assigned.

KNOWLEDGE AND ABILITIES:

KNOWLEDGE OF:

Principles of anatomy, physiology, kinesiology and nutrition.

Diagnostic signs and symptoms and related treatment of various physical injuries.

Principles, techniques and procedures used in the prevention, care and rehabilitation of athletic injuries.

Various types of therapeutic treatments; equipment and conditioning programs.

First aid medical procedures, including CPR and AED.

Safety guidelines and regulations in athletic and therapeutic activities.

Safety and protective equipment used in sports.

Operation of therapeutic devices.

Sports injury record keeping and the privacy laws.

Recordkeeping and report preparation techniques to ensure information is accurately presented.

Communicate effectively in oral and written form.

Interpersonal skills using tact, patience and courtesy.

Health and safety regulations.

Proper lifting techniques.

ABILITY TO:

Operate a variety of first aid and adaptive equipment and administer first aid and athletic therapy.

Develop and implement individualized rehabilitation and recondition for injured students.

Identify when referrals to physicians, health services, hospitals and other health professionals are necessary.

Provide appropriate treatment to athletes to prevent injury or re-injury.

Learn and apply district policies and procedures.

Assure student understanding of proper exercise techniques.

Receive and follow instructions.

Think clearly and logically, use good judgment, and make quick and appropriate decisions in emergency situations.

Attend off-campus sporting events as needed.

Provide supervisory support to Athletic Trainer Interns.

Communicate effectively both orally and in writing with students, parents, staff, and other community agencies.

Establish and maintain cooperative and effective working relationships with others.

Maintain records and prepare reports.

Operate a variety of technology devices including but not limited to copiers, computers and assigned software to enter data, maintain records and generate reports.

Maintain current knowledge of technical advances in the field.

Analyze situations accurately and adopt an effective course of action.

Prioritize, plan and schedule work.

Meet schedules and time lines.

EDUCATION AND EXPERIENCE:

Any combination equivalent to: sufficient experience, training and/or education to demonstrate the knowledge and abilities listed above. Typically, this would be gained through bachelor's degree from an accredited college or university in athletic training, health, physical education, kinesiology, or a related field and two years of professional experience in athletic training, physical therapy or a related field.

LICENSES AND OTHER REQUIREMENTS:

Certification as a Certified Athletic Trainer from the National Athletic Trainers Association Board of Certification (NATABOC)

Valid First Aid, CPR, AED certification issued by an authorized agency.

Valid California driver's license.

WORKING CONDITIONS:

ENVIRONMENT:

Indoor and outside work environment.

Driving a vehicle to conduct work.

Evening and variable hours

PHYSICAL DEMANDS:

Stand and walk for extended periods of time with occasional running.

Hand and eye coordination, use dexterity of hands and fingers, grasp, hold, and see to observe type and extent of injury.

Hear and speak to exchange information.

Carrying, lifting, pushing or pulling heavy objects.

Bending at the waist, stooping, kneeling, squatting, sitting or crouching.

Reaching overhead, above the shoulders and horizontally.

HAZARDS:

Exposure to bloodborne pathogens, chemicals, and airborne communicable diseases.

Extreme weather.

Uneven surfaces or elevations.

Extreme noise levels.